



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF GREATER LOUISVILLE

PROGRAMS & SERVICES

FACILITY FEATURES

	Bullitt County	Chestnut Street	Downtown	Middletown	Northeast	Norton Commons	Oldham County	Southeast	Southwest	Clark County	Floyd County
Family Locker Rooms	●		●		●	●		●		●	●
Basketball Gym		●	●		●	●	●			●	●
Indoor/Outdoor Track			●			●	●	●		●	●
Pool - Indoor			●		●	●	●	●	●	●	●
Pool - Outdoor	●				●				●		
Racquetball Courts	●		●								
Sauna, Steam Room Or Whirlpool	●		●		●	●	●	●	●	●	●
Indoor Climbing Wall			●		●	●		●	●		●

PROGRAM OFFERINGS

Adult Sports Leagues	●		●			●	●	●			●
Child Care (While You Work Out)	●		●	●	●	●	●	●	●	●	●
Child Development Center (Full-Day Child Care)		●			●				●		
Diabetes Prevention Program (DPP)	●	●	●		●	●	●	●	●	●	●
Forever Young (Senior Activities)	●	●	●	●	●	●	●	●	●	●	●
Group Cycling Classes	●		●	●	●	●	●	●	●	●	●
Group Exercise Classes	●	●	●	●	●	●	●	●	●	●	●
Personal Training	●	●	●	●	●	●	●	●	●	●	●
Swimming Lessons	●		●		●	●	●	●	●	●	●
Teen Leadership Programs		●				●		●		●	●
Water Exercise Classes	●		●		●	●	●	●	●	●	●
Weight Loss Program	●	●	●		●	●	●	●	●		
Youth Sports Programs	●	●			●	●	●	●	●	●	●
Nutritional Consultation			●		●	●	●			●	●
LIVESTRONG		●			●	●	●	●	●	●	●
Silver Sneakers	●	●		●				●		●	●
TogetherHood Volunteer Program		●	●		●	●	●	●			