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## **MEDIA ADVISORY**

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## **FAMILIES SHARE FUN AND FITNESS AT NORTHEAST FAMILY YMCA'S 48<sup>th</sup> ANNUAL TURKEY TROT**

### **WHAT:**

NORTHEAST FAMILY YMCA 48<sup>th</sup> Annual Turkey Trot

### **WHEN:**

Thursday, November 22 – THANKSGIVING MORNING

- Long Run (10K): Begins promptly at 8:00 a.m.
- Short Run (5K): Begins promptly at 8:15 a.m.
- Kids' Turkey Trot (for ages 10 and under): Begins promptly at 9:30 a.m.

### **WHERE:**

Race starts and finishes in front of the Northeast Family YMCA at 9400 Mill Brook Road, Louisville, KY 40223

### **REGISTRATION:**

Register online at [www.ymcalouisville.org](http://www.ymcalouisville.org) until midnight on Tuesday, November 20<sup>th</sup>.

In-House Registration:

Wednesday, November 21 from 11:00 a.m. – 7:00 p.m.

Thursday, November 22 (Day of Race) starting at 7:00 a.m.

### **PACKET PICK UP:**

Wednesday, November 21 from 11:00 a.m. – 7:00 p.m.

Thursday, November 22 (Day of Race) starting at 7:00 a.m.

### **ROAD CLOSURES:**

There will be a new route for the race this year, so we want to make sure neighbors are aware in advance of road closings. These streets will be closed from approximately 7:30–9:30 a.m. The roads re-open as quickly as possible after the event. These are the streets affected:

*Mill Brook Road, Whipps Mill Road, Old Mill Road, Stonewall Way, Holly Springs Drive, Juniper Springs Drive, Willow Springs Drive, Old Whipps Mill Rd, N. Whittington Parkway, Mill Stream Place, Lakeview Road, Perry Road, Spruce Tree Ct, Spruce Tree Place, Holly Springs Court, Juniper Springs Court, Juniper Springs Place, Mill Race Road, Mark Trail Road, Gallant Fox Road, Whirlway Drive.* For a map of the road closures, go [here](#).

**ADDITIONAL INFORMATION:**

Bring your family and friends to the Y on Thanksgiving morning for the Northeast Family YMCA 48<sup>th</sup> Annual Turkey Trot. Families and individuals get a chance to burn a few calories before sitting down for their Thanksgiving meal. It's a wonderful way to kick off the holiday weekend and start an annual holiday tradition.

The event will include two timed running race distances, a 10K and 5K. All participants will receive a commemorative Turkey Trot shirt, healthy snacks, and free child care during the race. Awards will be presented to the top three male and female finishers in each of these races and the top male and female finishers in each age group. In addition, there will be a Kids' Turkey Trot for the 10-and-under crowd. Shirts and awards will be presented to all participating children who register by November 9th. Free parking will be available.

**Fees:**

10K and 5K race entry fee:

Before midnight on November 9: \$35

After November 9: \$45

Kids' Trot race entry fee:

Before midnight on November 9: \$15

After November 9: \$20

*Additional +\$3 sign-up fee for each registrant.*

**SPONSORS:**

Springhurst Pines; Printworx

For more information and registration, visit [www.ymcalouisville.org/northeast](http://www.ymcalouisville.org/northeast), or call 502-425-1271.

**About the Louisville area YMCAs**

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The YMCA has been listening and responding to the needs of our communities for more than 160 years and is dedicated to building healthy, confident, connected and secure children, adults, families and communities.

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