MEDIA ADVISORY

YMCA GETS FAMILIES IN SHAPE ON THANKSGIVING DAY WITH ANNUAL TURKEY DAY FUN RUN

WHAT:
YMCA Annual Turkey Day Fun Run

WHEN:
Thursday, November 22
Registration: 7:00 a.m.-7:45 a.m.
- Long Run (6 miles): Begins at 8:10 a.m.
- Short Run (2 miles): Begins at 8:30 a.m.
- Fitness Walk (2 miles): Begins at 8:30 a.m.
- Turkey Trot (for ages 10 and under): Begins at 9:30 a.m.

WHERE:
YMCA Northeast Family Branch
9400 Mill Brook Road

ADDITIONAL INFORMATION:
The YMCA Annual Turkey Day Fun Run gives families and individuals a chance to burn a few calories well before sitting down for their Thanksgiving meal. The event will include two running race distances, a walk component and a Turkey Trot for the 10 and under crowd. Awards will be presented to the top finishers in each age group for the long and short runs. In addition:
- All adult participants receive a long sleeve t-shirt
- Turkeys will be given to the participants who guess the closest actual distance of his/her race/walk
- Awards presented to youngest and oldest participants
- Short sleeve t-shirts and trophies presented to all Turkey Trot participants

Fees:
Race entry fee: $30 (early registration fee, through November 15, is $20)
Turkey Trot fee: $20 (early registration fee through November 15, is $15)

FOR INFORMATION:
Visit www.ymcalouisville.org

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About the Louisville area YMCAs
The Y is the nation’s leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The YMCA has been listening and responding to the needs of our communities for nearly 160 years and is dedicated to building healthy, confident, connected and secure children, adults, families and communities.